

**(MFLC)**

**Military & Family Life Consultant:** are available to help service members, spouses, family members, and children. Consultations and trainings are free and anonymous. **NO records are kept.**

- Deployment/reintegration issues
- Marriage and relationship issues
- Parenting/sibling & family issues
- Communication challenges
- Stress and anxiety
- Depression
- Grief and loss
- Daily life issues

**Frequently Used Phone Numbers**  
**(Area Code is "580")**

AAFES	213-7366
Base Locator	213-7791
Chapel	213-7211
Child Development Center	213-7310
Clinic (Appt Desk)	213-7416
Education Office	213-7291
Mental Health	213-7419
Equipment Rental	213-7348
Military Personnel	213-7500
Pass & I.D.	213-7765
Vance Service Station	237-7445
Youth Center	213-7474

**Airman & Family Readiness Center**

**Information**

71 FSS/FSFR  
446 McAffrey Ave Suite 15  
Vance AFB, OK 73705

Phone: (580) 213-6330  
DSN: 448-6330  
Fax: (580) 213-6227  
DSN Fax: 448-6227

Duty Hours: 0730—1630

Monday—Friday

Closed for Training on Friday 0730—0930

Front Desk	213-6330
Family Readiness Program	213-6228
Relocation Assistance Program	213-7120
Spouse Employment Program	213-6213
Personal Financial Management	213-7873
Transition Assistance Program	213-6213
Volunteer Resource Program	213-7120
Air Force Aid	213-6330
Heart Link	213-7120
MFLC	580-478-6449

# Airman & Family Readiness Center



## Vance Air Force Base Oklahoma

# Airman & Family Readiness Center

The Airman & Family Readiness Center is here to assist Total Force Airmen, Army, Navy, Marine, Guard and Reservists, DoD Civilians, Retirees and their families on a wide range of work and family issues.

The Air Force realizes there is a direct relationship between a member's ability to successfully accomplish the mission and the quality of life which his or her family experiences. Because of this relationship, many programs and services are available through the Airman & Family Readiness Center to promote a positive family environment.

The Airman & Family Readiness Center provides the following programs:

## Family Readiness Program

- Pre-deployment briefings for military and family members
- Family Support prior to, during, and after deployment/TDY/remote
- Reunion information services to military families
- Hearts Apart Spouse Group

## Personal Financial Management

- Financial Education/Seminars
- Financial Information/Referral
- One-on-One Counseling Assistance
- Thrift Savings Plan

## Air Force Aid Society

- Financial Loans/Grants
- Funerals (Bridge Loans)
- Essential/Emergency Travel
- Vehicle Repair
- Medical/Dental Expenses not covered by insurance
- Grants for community enhancement programs such as:
  - Child Care for PCS
  - Give Parents a Break program
  - Bundles for Babies program
  - Child care for individuals who volunteer
  - Heart Link – *a program for new AF spouses*
  - Car Care Because We Care – *free oil change for spouses of deployed/remote members*
  - General Henry H. Arnold Education Grant

## Army & Navy-Marine Corps Relief Society's

- Financial Loans/Grants (Title 10 orders)

## Spouse Employment Program

- Career Planning
- Job Search Resources
- Employment Network
- Resume writing assistance
- Interview Preparation
- Military Spouse Virtual Assistance Training

## Volunteer Resource Program

- Information & Referral to agencies or individuals looking for volunteers
- Volunteer recognition program & events

## Relocation Assistance Program

- Sponsor/Welcome packets
- Sponsor Training Classes
- Assorted Pamphlets/Books
- Smooth Move Workshop

## Transition Assistance Program (TAP)

- Employment Resources
- Mandatory Pre-Separation Counseling
- 3-Day TAP Workshop
- Resume Writing Assistance
- Interview Preparation