

# Helping Agencies' Matrix

<i>If you (or a friend) need any help for the following:</i>								
afterhours support	<b>Command Post on call "24/7"</b> <b>580-213-7384</b>	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil	Military Crisis Line Call or text: 988	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	<b>Nurse Advice Line</b> <b>1-800-TRICARE option #1</b>		
feeling overwhelmed or thinking about hurting yourself	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil	Military Crisis Line Call or text: 988	Mental Health Clinic 580-213-7419 (HIPAA compliant)	Security Forces (SF) 580-213-7415 [emergencies call 911] <u>Unrestricted Reporting</u>		
sexually assaulted  [NOTE: to keep reporting RESTRICTED, reach out to SARC, Chaplain, Medical, or SVC first!]	Sexual Assault Response Coordinator (SARC) Offices: 580-213-5598/5597 Sexual Assault Response Line: 580-541-7095/7272 <u>RESTRICTED &amp; Unrestricted Reporting</u>	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP (HIPAA/confidential)	Family Advocacy Program (FAP) 580-213-7419 <u>Unrestricted Reporting &amp; RESTRICTED Reporting</u> (available if "no child involvement or grievous harm.")	Mental Health Clinic 580-213-7419 (HIPAA compliant)	Special Victims' Counsel (SVC) advice/advocacy/legal/representation 405-739-5790 DSN:339-5790 <u>RESTRICTED &amp; Unrestricted Reporting</u> (once represented, can pose questions to SVC regarding potential collateral misconduct)	Security Forces (SF) 580-213-7415 [emergencies call 911] <u>Unrestricted Reporting</u> Office of Special Investigations (OSI) 580-213-6068 <u>(mandatory reporter)</u>	DoD Safe Help Line 1-877-995-5247 or text: *55-247 (can be anonymous) <u>RESTRICTED &amp; Unrestricted Reporting</u>
marriage/relationship/family issues & concerns	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil	Military Family Life Counselor (MFLC) 580-402-1008 (if no answer call M&FRC: 580-213-6330 Ops Group: 580-478-3446)	Primary Care Behavioral Health (PCBH) Appointment Line 580-213-7416	Family Advocacy Program (FAP) 580-213-7419 <u>Unrestricted Reporting &amp; RESTRICTED Reporting</u> (available if "no child involvement or grievous harm.")	Mental Health Clinic 580-213-7419 (HIPAA compliant)	Exceptional Family Member Program (EFMP) 580-213-6330/7087
feeling depressed	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil	Military Family Life Counselor (MFLC) 580-402-1008 (if no answer call M&FRC: 580-213-6330 Ops Group: 580-478-3446)	Primary Care Behavioral Health (PCBH) Base Appointment Line 580-213-7416	Mental Health Clinic 580-213-7419 (HIPAA compliant)	Exceptional Family Member Program (EFMP) 580-213-6330/7087	
connecting dependents with off & on-base resources: (i.e. counseling, trainings, & support groups)	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil	Military Family Life Counselor (MFLC) 580-402-1008 (if no answer call M&FRC: 580-213-6330 Ops Group: 580-478-3446)	Exceptional Family Member Program (EFMP) 580-213-6330/7087	<b>Military &amp; Family Readiness Center (M&amp;FRC)</b> <b>580-213-6330</b>	<b>School Liaison</b> <b>580-213-6285</b>	
dependent dealing w/ school issues	Military Family Life Counselor (MFLC) 580-402-1008 (if no answer call M&FRC: 580-213-6330 Ops Group: 580-478-3446)	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil	School Liaison 580-213-6285				

assistance w/ family readiness (i.e. deployment separation/reunion or need financial management)	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil	Military & Family Readiness Center (M&FRC) 580-213-6330	Exceptional Family Member Program (EFMP) 580-213-6330/7087			
GS/NAF civilian (i.e. crisis response, counseling, financial/legal services, health/wellness)	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP						
legal representation	Area Defense Counsel (ADC) 316-759-4375	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil					
legal assistance (i.e. will, Power of Attorney, etc.)	Legal Office 580-213-7404	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil					
experiencing discrimination, harassment, bullying	Equal Opportunity (EO) 580-213-7328 (mandatory reporter for SAPR)	Chaplain 580-213-7211 (Chapel) or after hours 580-213-7384 (ask for duty Chaplain) 100% confidential	Employee Assistance Program (EAP)* 1-866-580-9078 www.AFPC.af.mil/EAP	Military One Source 1-800-342-9647 militaryonesource.mil	Inspector General (IG) 580-213-6323	Civilian Employee Management Relations* 580-213-7260		
witnessed suspicious or unusual behavior <i>See Something Say Something</i>	Security Forces (SF) 580-213-7415 [emergencies call 911]	Office of Special Investigations (OSI) 580-213-6068 [emergencies call 911]						
alleged wrong-doing/ roadblock/assistance (when other grievance channels have failed)	Inspector General (IG) 580-213-6323	Civilian Employee Management Relations* 580-213-7260	Equal Opportunity (EO) 580-213-7328 (mandatory reporter for SAPR)					

\* for Federal Civilian & Non Appropriated Fund employees only

#### NOTES

— Service members and military dependents (18 years and older) have 2 options when it comes to reporting sexual assault:

- Unrestricted Reporting - starts an official law enforcement investigation as well as involves the chain of command
- RESTRICTED Reporting - confidential, does not trigger an investigation or command involvement; option to convert to unrestricted reporting at any time

— **24/7 "On-Call" agencies:** Chaplain, Command Post, EAP, Military Crisis Line, Military One Source, Nurse Advice Line, SARC office

— Military One Source offers special child counselors to work w/ dependents < 18 y.o.

Tools for everyone:

    Suicide Prevention, Intervention, Postvention toolkit

<S:\Public\Green Dot\Leadership Pre-Inter-Post-vention Toolkit>